

# Training Camp: Plan, Practice, Grow

Commitment is making a plan and putting it into practice.



### MEMORY VERSE

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."  
1 Timothy 4:8, NIV

### Talk About the Bible Story

Open the Bible together and read Psalm 119:105 or watch the video together on the Parent Cue app.

### Engagement Questions

- How can you hear from God?
- How can you know when you are hearing from God or another voice?
- What gets in the way of spending time reading the Bible?

### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



### Prayer

"Dear God, thank You for the many, many ways we can hear from You. Next time we're in nature and hear a sound of Your creation, remind us to be still and quiet and to notice and remember that You are with us. We love You and we pray these things in Jesus' name. Amen."

Weekly Parent Cues →

# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them an example of how you've seen them show commitment.



### Meal Time

At a meal this week, have everyone at the table answer this question: "How can you hear from God?"



### Drive Time

While on the go, ask your kid: "What is the best thing you've heard or seen lately?"



### Bed Time

Pray for each other: "God, help us to listen to Your voice. May we hear You when we read Your Word, see the beauty of Your creation, or hear Your truth from others."

### More Ways to Engage with Your Kid

#### Faith & Character Activities



#### Worship Song of the Month



#### Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



