

TRUST

Putting your confidence in
someone you can depend on



WEEK ONE
K-5th Grade

Read Psalm 20:7

DAY 1

Do you have a bike or scooter you ride down the street? Back in Bible times, chariots and horses weren't just used to get from one place to another. They were used by warriors in battle. When you read today's verse, you have to put yourself in the shoes of someone living back then. They had to trust that their horse and chariot would get them quickly and safely across the battlefield.

That's what this month is all about. Nope, not horses or bikes or scooters. This month is all about trust—putting your confidence in someone you can depend on. Just like you trust that your bike or scooter will safely zip you across the neighborhood, you can place ALL your trust in your heavenly Father. Scooters and chariots can break but God is always trustworthy. He is steady and strong. You can trust God no matter what.

The next time you're on your bike or scooter, tell God thank you for being the One you can depend on, no matter what.



Read Psalm 33:4

DAY 2

Have you ever made a promise that you couldn't keep? Maybe you promised your brother you'd shoot hoops after school but then your teacher assigned a lot of homework. Or maybe you promised your mom you'd clean the bathroom but conveniently forgot. Sometimes, we make a promise and then we break it. And when we do, that can break down the trust we've built with someone else.

When it comes to putting our trust in God, we have to remember something important. God isn't a person like you and me. He is a Holy, perfect, righteous God. He doesn't lie or forget about us. His promises are just as true today as they were from the beginning. You can put all your trust in God, always.

Complete the verse below, writing in the missing words.

“What the Lord says is _____ and _____.
He is _____ in _____ he does.”

Psalm 33:4, NIV

Look for ways to place your trust in God this week, remembering that He is faithful in ALL He does.

Read Psalm 125:1

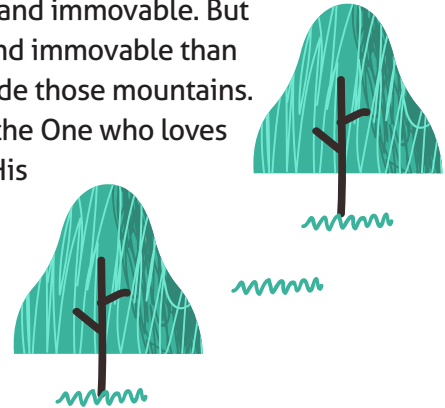
DAY 3

Grab some play dough or some LEGO® bricks and sculpt or build a mountain.

What would happen if you placed your sculpture or Lego structure on the floor of your kitchen? Someone would probably step on it or the dog might swallow some of your Legos. Not good.

The Mount Zion mentioned in our verse today isn't a mountain made out of play dough or Lego bricks. Real life mountains are huge and majestic and powerful and immovable. But guess what? God is more powerful and majestic, more steady and immovable than any mighty mountain. How can we know that? Because God made those mountains. So no matter what you may face, you can place all your trust in the One who loves you and knows you best. You will always be safe and secure in His hands. You can trust God no matter what.

Spend some time thanking God for being strong and steady, dependable and trustworthy.



Read Proverbs 3:5-6

DAY 4

Write out the words of today's verses in the space to the right.

Circle the word "all" in this verse. How much should we trust God? With all our hearts. The problem with "all" is that it means everything. God is asking us to trust Him with our friendships, our time, our schoolwork, our family, our stuff, and even our futures. But what happens when we think we have a better idea? What happens when we'd rather lean on our own understanding, thinking we know what's best?

Read the very last line of this verse. When we choose to place our trust in God, He promises to make our paths smooth and straight. It doesn't mean we won't ever face hard stuff, but it does mean that He will be with us. In every situation, even when we think we know best, God wants us to trust in Him no matter what.

Think of one thing in your life that you'd like to trust God with and ask Him to help you follow His guidance.

A rectangular box with a white background and a black border. Inside the box, there are five horizontal lines for writing, spaced evenly.

You can
trust God
no matter
what.