

# KINDNESS

SHOWING OTHERS  
THEY ARE VALUABLE  
BY HOW YOU  
TREAT THEM.

WEEK  
2

## READ ACTS 14:17

DAY 1

Maybe you've never thought about it, but did you know that God always chooses to show you kindness? It's true. He showed us kindness when He sent Jesus. And He also shows us kindness by making sure we have food to eat and a place to sleep.

God also shows His kindness by giving you people in your life who take care of you, like your parents or grandparents or guardians. God knew that as a kid, you would need some help in this great big world. You'd need the guidance of someone older who could take care of you.

But let's face it. If we're really honest, sometimes the people we care about most are the hardest ones to show kindness to, right? After all, sometimes it might seem like all they do is tell you what to do. But guess what? All of that instruction is part of their job. Your mom and dad want the best for you and part of that "best" includes setting boundaries so that you are protected and safe.

Here's your challenge: The next time someone you care about does something that bugs you, stop yourself before you respond and think of something KIND to say instead.

**THANK** God for giving you people in your life to take care of you.

## READ RUTH 1:8

DAY 2

In our Bible story this week, we learned about how Ruth followed her mother-in-law, Naomi, to a completely new country so that she could help take care of her. Ruth could have gone back to her own family, but seeing that Naomi was all alone, she chose to show kindness and stay with her.

It's not always easy to show kindness to the people we're closest to. Do you have siblings? What about cousins? Is it hard to love them sometimes?

It's easy to focus on the times when someone is UNKIND to you. But what if you flipped it around? Just for a minute, stop to think about how your brother or sister showed kindness to you.

Their kindness probably made you feel pretty great, huh? Take a moment to make them a thank you card to tell them that you're thankful for them and their kindness.

**ASK** God to help you focus on the times when your family is kind to you.



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## READ 1 THESSALONIANS 5:15

DAY 3

Hope you like math, because there's a math twist to today's devotional. But don't worry, you can totally handle it!

Maybe you've heard someone say, "two wrongs don't make a right?" Maybe your brother did something to bug you (wrong) and then you said something mean back (wrong). Guess what? Two wrongs really DON'T make a right. That's just bad math. Because wrong + wrong doesn't = right. Ever.

So what if you flipped it? What if, instead of choosing to pay back a wrong with a wrong, you chose KINDNESS as this verse suggests? After all, it doesn't say to only show kindness "sometimes" or "when you feel like it." It says, "Always try to be kind to each other and everyone else." Always.

**FINISH THE FOLLOWING "MATH" EQUATIONS BELOW.**

"UNKIND WORDS" + "MORE UNKIND WORDS" =

"UNKIND WORDS" + "KIND WORDS" =

"KIND WORDS" + "KIND WORDS" =

**LOOK** for ways to respond with kindness this week.

## READ ZECHARIAH 7:9

DAY 4

In this verse, who does God say to treat fairly and kindly? Everyone. Does God really mean ... EVERYone?

Yep. Everyone. Every single person you come in contact with deserves your respect. Especially the people closest to you. Your family and friends deserve to be treated with kindness, even when they aren't always kind and even when they lose their temper or say something mean to you. Because guess what? While you'll never be able to control what other people do, you can always control YOUR response.

This verse is a great reminder to us. Grab a note card or Post-It® note and write down Zechariah 7:9. Stick your note some place you'll see it often to remind yourself that EVERYONE deserves kindness.

**KNOW** that God wants us to listen to Him and show kindness to others.

**BE KIND**  
TO YOUR FAMILY AND FRIENDS.