

GRATITUDE

letting others know
you see how they've
helped you



Read Psalm 118:24

DAY 1

This day is a gift. God has given it to you. And YOU get to decide the attitude you'll have all day long. Will you choose to be grateful and take time to thank God for giving you this day? It's up to you to choose whether you will waste this day or make it count for something bigger than you.

I know people probably remind you to say them all the time, but today challenge yourself to actually use those magic words: "please" and "thank you!" Make sure to check on your "thankfulness jar." If you're paying attention and applying what you've learned this month, that jar should be getting pretty full by now!

Thank God for giving you this day to show gratitude!

Read Colossians 3:17

DAY 2

It's important to stop and celebrate what God has done. At some point, you'll gather together for Thanksgiving. Maybe someone in your family will pray, or maybe they'll share what they're thankful for. And just like the Israelites took time to celebrate what God had done for them, pause with your family to say "thank you" before you dig in.

Ask your Mom—or whoever is organizing your Thanksgiving celebration—to help you make a list of all the people that you'll see for the holiday. Gather colorful paper, crayons, markers, stickers, and whatever else you have on hand and make "thankfulness placemats" for each person on your list. You could even write "I am thankful for ..." with space left for them to complete the phrase themselves.

Ask God to help you celebrate all that He has done for you.



GRATITUDE

letting others know
you see how they've
helped you

WEEK
4

Read James 1:17

Think about all the good things in your world. Maybe it's your family. Maybe it's your friends. Maybe it's your dog. Maybe it's the super cool Star Wars Legos® you got last Christmas. Did you know that all of those things come from one place, from one source? This verse tells us that every good gift comes from God.

It's important to thank God not only for what He gives you, but more importantly, for loving you with an always-no-matter-what-never-changing kind of love.

Grab some sidewalk chalk and head outside for a little science experiment. Find a sunny spot on concrete or asphalt where you can cast a shadow. Ask your mom or dad or older sibling to outline your shadow at three different times of the day: 9 am, noon, and 3 pm. Make sure to label each shadow with the time. At the end of the day, compare the changing shadows.

Look at your changing shadows and thank God for His love that never changes.

DAY 3

Read John 3:16

Gratitude is easy to come by when you stop and take a look at this verse. This verse tells us that God *LOVED* us so much that He *GAVE* His one and only Son, Jesus, to take the punishment on the cross for our sins. But it doesn't end there. Three days later, Jesus rose again and conquered death once and for all. When you *BELIEVE* in what Jesus did for you, you *RECEIVE* a life with Him forever. Now that's something to celebrate! That's something to *THANK GOD* for.

Grab a piece of paper and write on of these phrases on each of the four corners of the page: "God loved," "God gave," "We believe," "We receive." Take a look at these four statements. Do you think they're true? Why or why not? Show the page to your Mom, Dad, or an adult who has a relationship with Jesus and talk about what this verse means.

Know that God loves you so much that He sent Jesus to make a way for you to have a relationship with Him forever.

DAY 4



Take time to
celebrate what
God has done.