

WEEK TWO

Read Acts 16:22–40

DAY 1

Grab a sheet of paper and make a list of all the things that went wrong for Paul and Silas, according to Acts 16.

Which of these things do you feel like you can relate to? Hopefully you've never been beaten or thrown in jail! But maybe you have felt misunderstood before, or been punished wrongly. Or maybe you've just felt neglected or overlooked.

Now make a list of all the ways that Paul and Silas endured—how did they stick with their mission to shine God's light?

Circle something from the list that you can do the next time you feel things aren't going your way. Then hang the sheet of paper somewhere to remind you that you can stick with it, just like Paul and Silas!

THANK God for His plan and ask Him to help you trust Him.



Read Matthew 10:26–29

DAY 2

Take a look around your bedroom and make sure there's nothing out that can hurt you if you step on it or run into it. Now, turn off your lights and make it as dark as possible in your room. Now, try to read Matthew 10:26-29. Hmm. You had to turn back on a light to do that, didn't you? But once you had the light, you could keep going and read your Bible.

Great news: you can keep going no matter what because the light of the world is always shining. God is with you, and trusting His plan means you can endure—even when it seems dark and things aren't going your way.

ASK God to shine His light bright enough to help you stick with it.

WEEK TWO

Read Matthew 10:19b

DAY 3

When things don't go your way, oftentimes, the hardest part is just the unknown. You didn't expect the storm to come your way, so you don't feel prepared—you don't know how to stick with it because you didn't expect it. But God has promised to give you the words to say when you need them. Worrying about things ahead of time won't help you, but trusting God to carry you through a hard time and knowing that He has a bigger and better plan can help you stick with it.

Write out the words of Matthew 10:19b on a small scrap of paper. Then fold it up and stick it somewhere you always have easy access to—like a backpack or pocket of your favorite jeans. The next time things aren't going your way, pull it out and be reminded that God will give you what you need when you need it.



LOOK for help from God—He's got this!



Read Psalm 46:1–3

DAY 4

In math, there are constants and variables. Constants are fixed values—numbers that never change. Variables are the exact opposite—they can change. And more importantly, they are unknown.

Life has constants and variables too. Put a C beside the things that are constant below, and a V beside the things that are unknown or could change.

God's love
Your grades
God's Word

Where you live
Your salvation
Where you go to school

Your health
God's character
Who your best friend is

Look at all the things that could change! How awesome that no matter how the variables in life change, God never changes!

KNOW that you can stick with it because God never changes.